

Suicide by Binding: Putting Time-Dependent Inhibition of CYP Enzymes into Perspective

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Presentation Outline

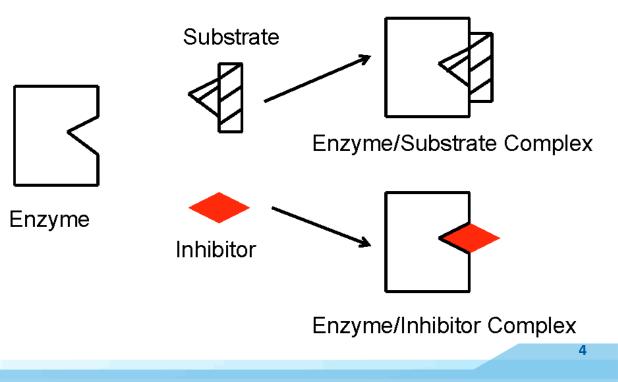
- 1. Defining types of time-dependent inhibition (TDI) and their importance
- 2. In vitro approaches to evaluate various types of TDI:
- Screening vs. definitive studies
- 3. Approaches to predicting clinically-relevant DDIs from TDI
- 4. Case Examples:
- Drugs that only cause TDI in vitro (System-dependent effects)
- Drugs that cause clinically-relevant TDI
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TDI of CYP enzymes: What it *isn't*

- TDI of CYPs is <u>not</u> simple <u>direct</u> or reversible inhibition (but there can be both)
- Reversible inhibition is most often competitive and *can* cause clinically significant pharmacokinetic drug-drug interactions (DDIs)
- The inhibitor and substrate bind to the same site on the enzyme. The inhibitor is often a substrate with higher affinity.

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- The effect is reversible and decreases as the inhibitor is cleared
- Competitive inhibition can be overcome by increasing substrate concentration



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A BiolVT Company TDI of CYP enzymes: Some definitions

- TDI of CYP enzymes *can* cause clinically significant *pharmacokinetic* DDIs that are often of greater clinical concern than direct inhibition due to potentially long-lasting effects, even after the TDI is withdrawn
- If a xenobiotic inhibits CYPs in a time-dependent manner, it is typically first *metabolized* (i.e., it usually is "metabolism-dependent", too) to one or more species that:
 - 1. Is a more potent direct inhibitor than the parent
 - <u>Reversible TDI</u>

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Examples include *R*-fluoxetine and amiodarone

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TDI of CYP enzymes: Some definitions (continued)

- If a xenobiotic inhibits CYPs in a time-dependent manner, it is typically first metabolized to a species that:
 - 2. Does not leave the active site and binds <u>irreversibly</u> at or near the active site
 - Referred to as <u>irreversible TDI</u>, mechanism-based inhibition or a "<u>suicide</u> <u>substrate</u>".

Examples include **mibefradil**, **mifepristone**, and **gemfibrozil glucuronide**. Various subtypes exist (e.g., heme destruction, apoprotein adduction, etc.).

- 3. Coordinates very tightly to the heme iron of cytochrome P450
 - <u>Quasi-irreversible inhibition</u> due to formation of a metabolite-inhibitory complex (MIC) Examples include erythromycin, clarithromycin, S-fluoxetine.
 <u>Essentially irreversible</u> over the time-frame that an enzyme exists. Irreversible inhibition persists until new enzyme is synthesized

But irreversible TDI may not be a showstopper for a lead candidate

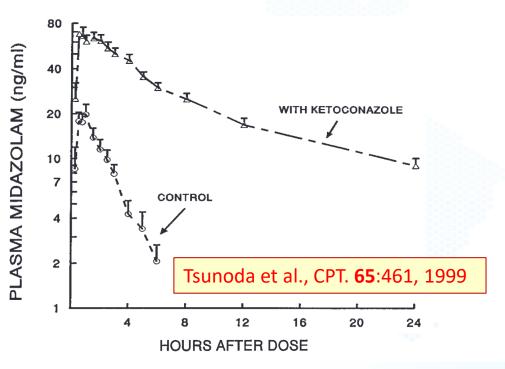
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On the surface, it can be difficult to see the difference

Ketoconazole – Direct inhibitor 🎝

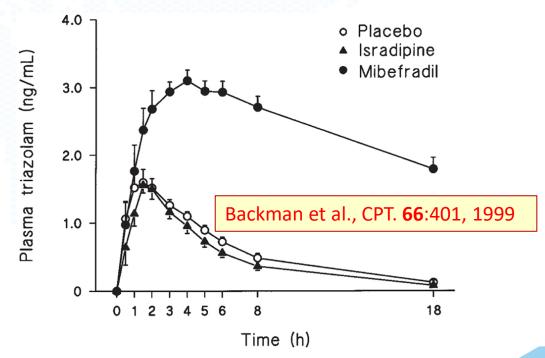
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Ketoconazole increased midazolam AUC by ~15-fold



F Mibefra WI eversible TDI

Mibefradil increased triazolam AUC by ~9-fold



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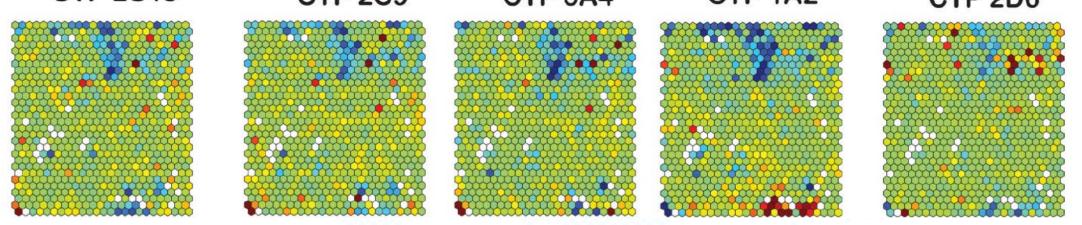
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Direct CYP inhibition screening

 High throughput screens (HTS) originally focused on direct inhibition only CYP 2C19 CYP 2C9 CYP 3A4 CYP 1A2 CYP 2D6

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- "As no pre-incubation . . . was included, this database will . . . miss mechanismbased inhibitors" {of 17,000 compounds}
 Veith et al., Nat Biotech. 27:1050, 2009
- This error was widely recognized in the mid 2000s: "Although reversible . . . inhibition testing is well established for predicting the drug-drug interaction potential of clinical candidates, time-dependent inhibition (TDI) has become the focus of drug designers only recently" Zimmerlin et al., DMD. 39:1039, 2011

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Direct and TDI CYP screening

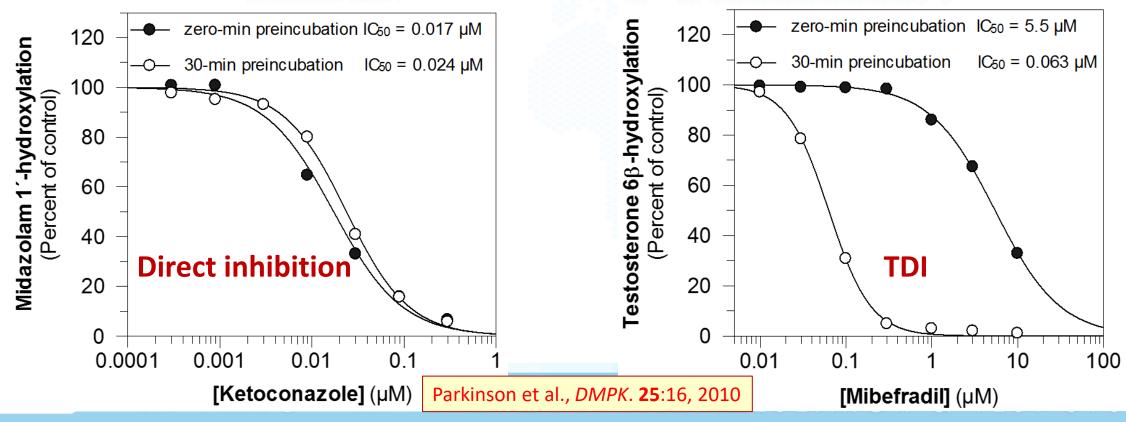
- Most contemporary CYP inhibition screens incorporate evaluation of TDI
 - The IC₅₀ shift assay is an extension of classic HTS, simply adding NADPH during a preincubation

HLM + Ketoconazole

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HLM + Mibefradil

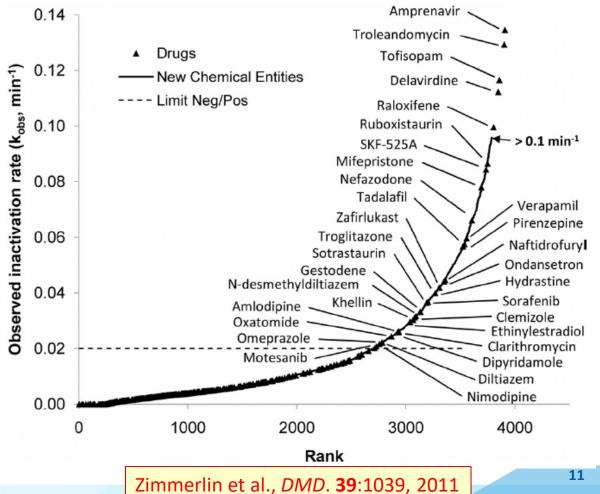


A BioIVT Company Direct and TDI CYP screening

• Single concentration HTS screens have also been developed to rank-order TDI

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- Novartis used 10 μ M for >4000 drugs and NCEs, with 0 and 30 min preincubation to approximate a rate of inactivation (k_{obs} in min⁻¹)
- The positive/negative cutoff was set at a k_{obs} = 0.02 min⁻¹
- 71% of registered drugs flagged as TDIs were not flagged in the direct inhibition screen



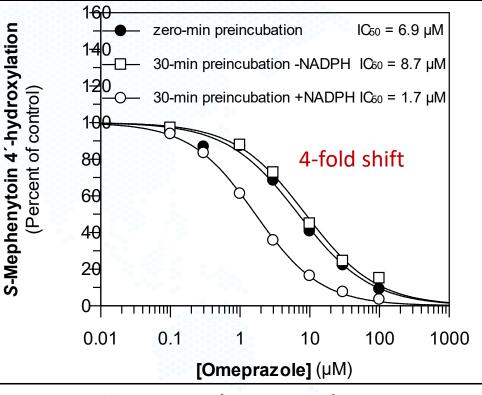
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Definitive direct and TDI IC₅₀ shift assays

- XenoTech's definitive IC₅₀ shift design measures in one assay:
 - 1. Direct (Zero-min preincubation)
 - 2. TDI control (30-min preincubation NADPH)
 - 3. TDI (30-min preincubation + NADPH)
- Controls = ± solvent control, positive control inhibitors for direct and TDI
- [Marker substrate] $\approx K_{\rm m}$ or S_{50}
- [HLM] \leq 0.1 mg/mL to minimize partitioning
- Substrate incubation (5 min) short relative to pre-incubation (30 min)

But we still don't know if this is irreversible TDI

Ogilvie et al., DMD. 39:2020, 2011



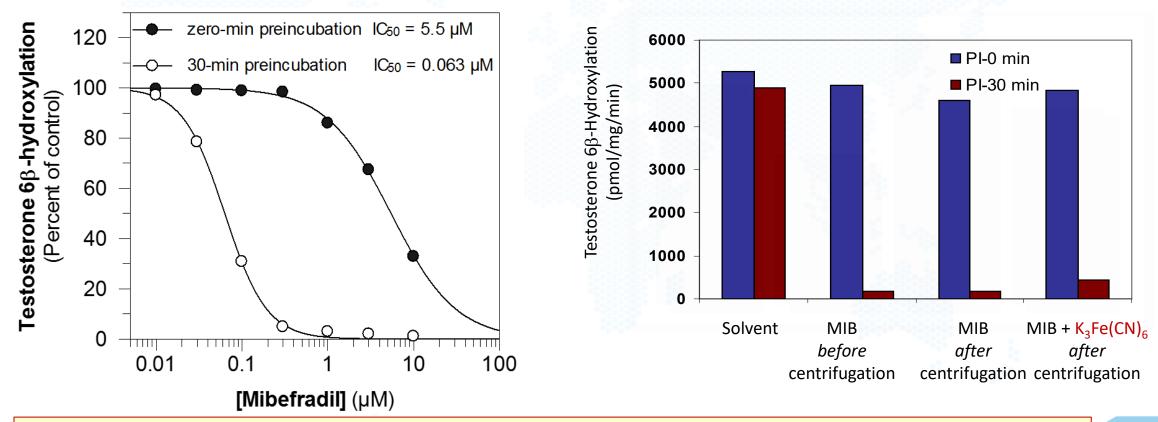
TDI Reversibility by ultracentrifugation

- Provides qualitative answers for better decision-making
- One concentration of drug (chosen from the IC_{50} shift assay), pre-incubated with NADPH, [substrate] = 10 K_m & HLM [0.1 mg/mL] (typically 30 120 min)
- After pre-incubation, samples are ultracentrifuged to remove unbound drug
- Typically 4 groups of samples:
 - Group A: Solvent control
 - Group B: Preincubated only (replicates IC₅₀)
 - Group C: Preincubated and microsomes are re-isolated
 - Group D: Preincubated; microsomes are treated with 2 mM K₃Fe(CN)₆ (to dissociate quasi-irreversible metabolite-inhibitor complexes) prior to centrifugation

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TDI Reversibility by ultracentrifugation

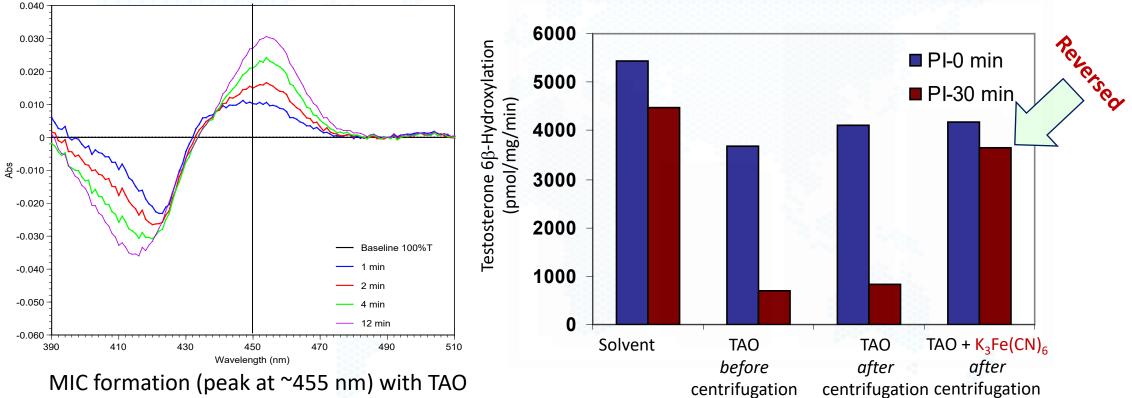
Ultracentrifugation does not reverse TDI: <u>Irreversible TDI</u> of CYP3A4 by mibefradil (2 μM)



Mechanism of irreversible TDI of CYP3A4 by mibefradil shown to be heme destruction. Foti et al., DMD. 39:1188, 2011

TDI Reversibility by ultracentrifugation

Ultracentrifugation does not reverse TDI, except in presence of K₃Fe(CN)₆: <u>Quasi-irreversible TDI</u> of CYP3A4 by troleandomycin (25 μM)



during an incubation with NADPH-fortified HLM (with high CYP3A4 content)

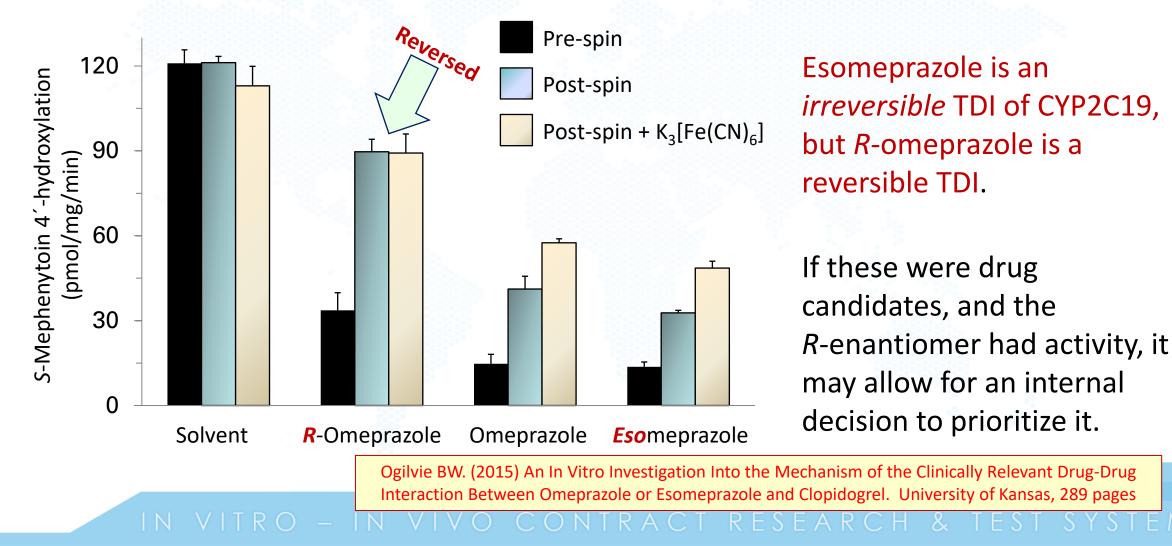
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TDI Reversibility by ultracentrifugation

Ultracentrifugation has opposite effects on CYP2C19 TDI by omeprazole enantiomers



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Definitive k_{inact} / K_{I} determinations for irreversible TDI

OVER 25 YEARS OF GLOBAL ADME / DMPK / DDI EXPERTISE

- Provides quantitative answers to put irreversible TDI into clinical context
- Typically 5 inhibitor concentrations + solvent control

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- Typically 4-5 preincubation time points + zero-min preincubation
- Should be performed at saturating marker substrate concentrations (e.g., 10 x K_m) if solubility permits to minimize any direct competitive inhibition
- Usually incorporates a 10- to 30-fold dilution to decrease remaining test drug and metabolite concentrations
- Values can be used in basic, mechanistic static or mechanistic dynamic (i.e., PBPK) modelling to predict clinical impact on a co-administered drug

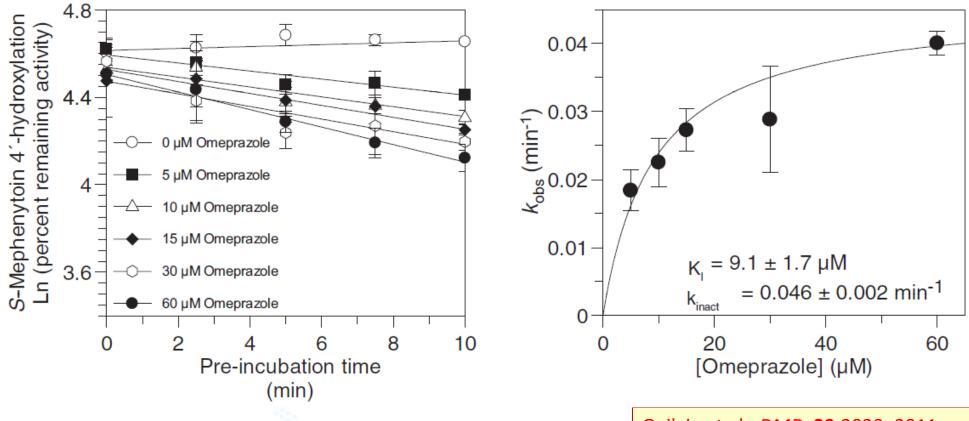
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Definitive k_{inact} / K_{I} determinations for irreversible TDI

OVER 25 YEARS OF GLOBAL ADME / DMPK / DDI EXPERTISE

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Pre-incubation: 2.5 mg/mL protein, diluted to 0.1 mg/mL. 5 min substrate incubation



Ogilvie et al., *DMD*. **39**:2020, 2011

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BiolVT Company Basic interpretation of irreversible inhibition of hepatic CYP enzymes

Agency	Equation (as written)	Unbound or total concentration?	$\frac{\text{Cutoff}}{k_{obs} + k_{deg}}$ $\frac{k_{deg}}{k_{deg}}$	Comment
FDA (2020)	$K_{obs} = \frac{k_{inact} \cdot 50 \cdot I_{max,u}}{K_{I,u} + 50 \cdot I_{max,u}}$	Unbound C _{max} <u>Unbound</u> K _I	≥ 1.25	Same
PMDA (2018)	$K_{obs} = \frac{k_{inact} \cdot 50 \cdot [I]}{K_I + 50 \cdot [I]}$	Unbound C _{max} Not specified for K _I	≥ 1.25	Same
EMA (2013)	$K_{obs} = rac{k_{inact} \cdot [I]}{K_I + [I]}$ (Note that here, [I] is 0.1 x dose/250ml)	Unbound C _{max} Not specified for K _I	≥ 1.25	Same cutoff, different equation

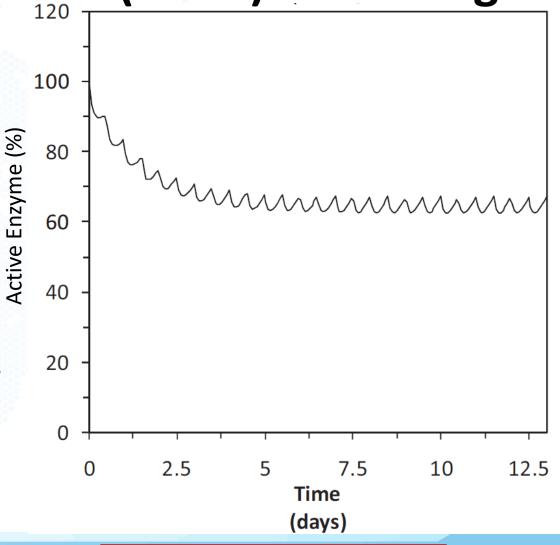
Note: PMDA and EMA recommend estimating unbound [I] in vitro due to non-specific binding, but not included in equations.

Example of mechanistic dynamic (PBPK) modelling

• Simulation of time-dependent changes in active CYP2C19 after 14 days of omeprazole (40 mg b.i.d.)

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- The Simcyp Simulator version 10.2 was used to assess the time-varying effect of repeated omeprazole administration on active CYP2C19 over ~2 weeks
- The simulated increase in S-mephenytoin AUC was 1.45-fold, similar to the 2.21-fold observed increase in moclobemide AUC upon omeprazole coadministration



N VITRO – IN VIVO CONTRACT R Ogilvie et al., DMD. 39:2020, 2011

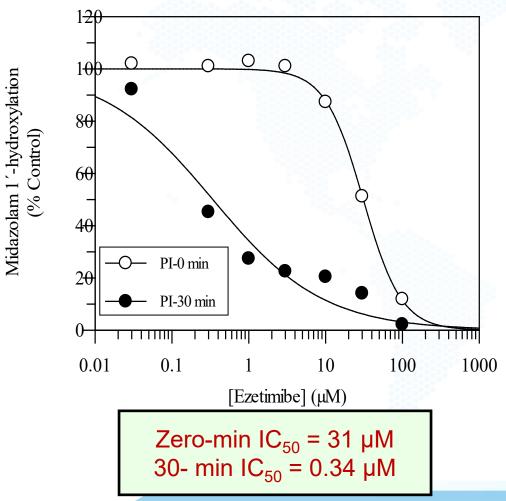


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Drugs that only cause TDI in vitro (system-dependence)

• Inhibition of midazolam 1'-hydroxylation (CYP3A4/5) by ezetimibe in HLM



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Ezetimibe is an effective TDI of CYP3A4 in human liver microsomes (~100-fold shift in IC₅₀ value);

however

ezetimibe does NOT cause clinically significant inhibition of CYP3A4

WHY?

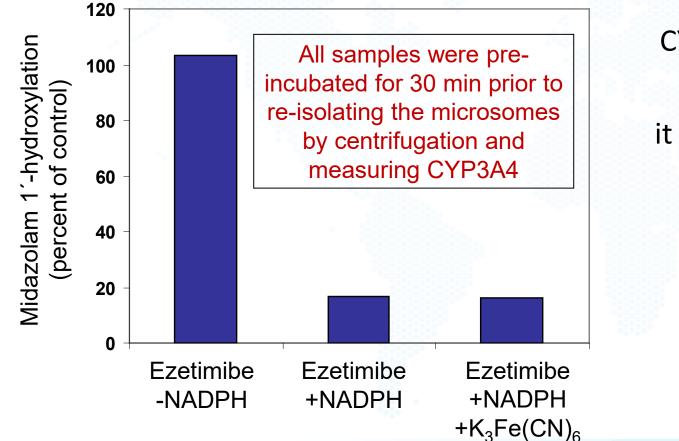
Parkinson et al., *DMPK*. **25**:16, 2010

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A BiolVT Company Drugs that only cause TDI in vitro (system-dependence)

 Inhibition of midazolam 1'-hydroxylation (CYP3A4/5) by ezetimibe (10 μM) in re-isolated human liver microsomes
 Ezetimibe is an irreversible TDI of



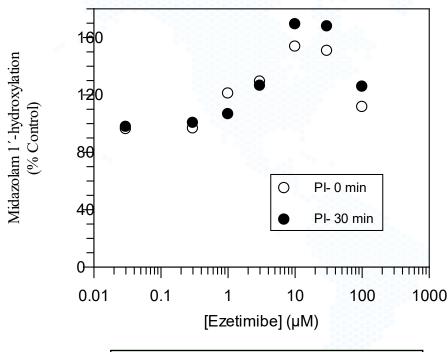
CYP3A4 in human liver microsomes; however it does not cause clinically significant inhibition of CYP3A4

WHY?

Parkinson et al., *DMPK*. **25**:16, 2010

A BiolVT Company Drugs that only cause TDI in vitro (system-dependence)

• Inhibition of midazolam 1'-hydroxylation (CYP3A4/5) by ezetimibe



Human hepatocytes

No inhibition

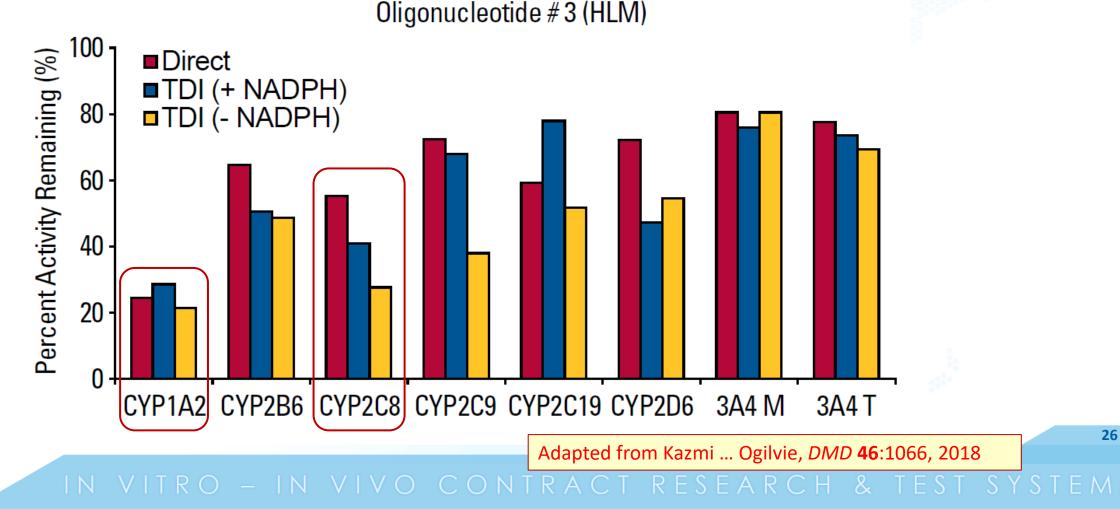
- Lack of clinical CYP3A4 inhibition by ezetimibe
- Ezetimibe is a potent metabolism-dependent inhibitor of CYP3A4 in human liver microsomes
- In hepatocytes, glucuronidation protects CYP3A4 – consistent with clinical results

Parkinson et al., DMPK. 25:16, 2010

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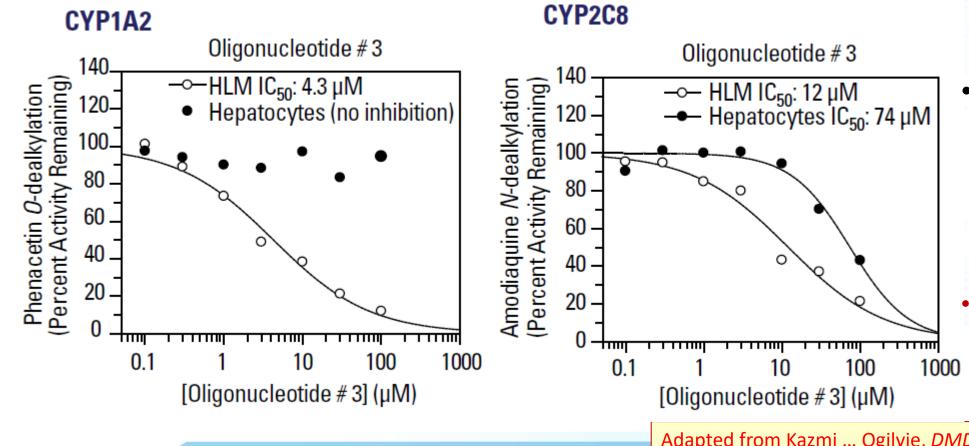
A BiolVT Company Drugs that only cause TDI in vitro (system-dependence)

 Direct and TDI of CYPs by proprietary phosphorothioate oligonucelotides in HLM



A BiolVT Company Drugs that only cause TDI in vitro (system-dependence)

 Inhibition of CYPs by proprietary phosphorothioate oligonucelotides in HLM and hepatocytes



- Similar results were observed with the investigational oligonucleotide, imeltestat.
- See Kazmi et al., DMD 47:9, 2019

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Adapted from Kazmi ... Ogilvie, DMD 46:1066, 2018

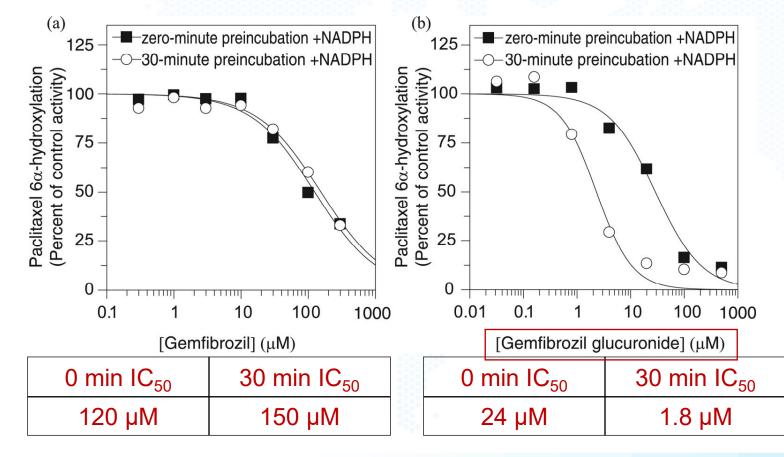


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A BiolVT Company Approved, marketed drugs that cause clinically-relevant TDI

 Gemfibrozil – metabolized to an acyl glucuronide that causes irreversible TDI of CYP2C8



Fatal interactions occurred with cerivastatin, which is a CYP2C8 substrate. Cerivastatin, <u>not</u> <u>gemfibrozil</u>, was withdrawn in 2001.

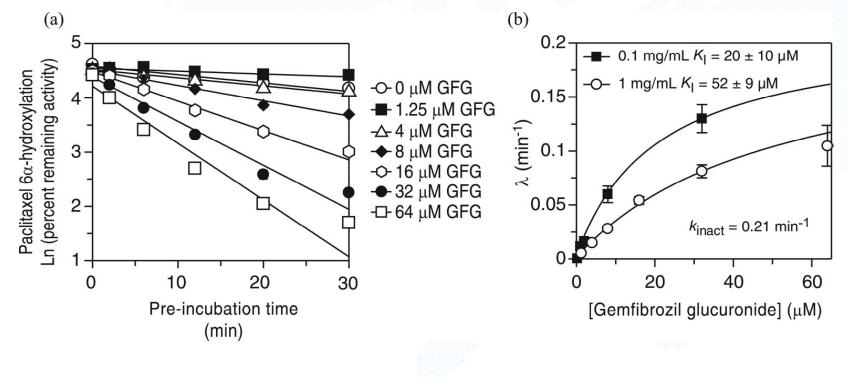
Ogilvie et al., DMD **34**:191, 2006

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Approved, marketed drugs that cause clinically-relevant TDI

 Gemfibrozil – metabolized to an acyl glucuronide that causes irreversible TDI of CYP2C8



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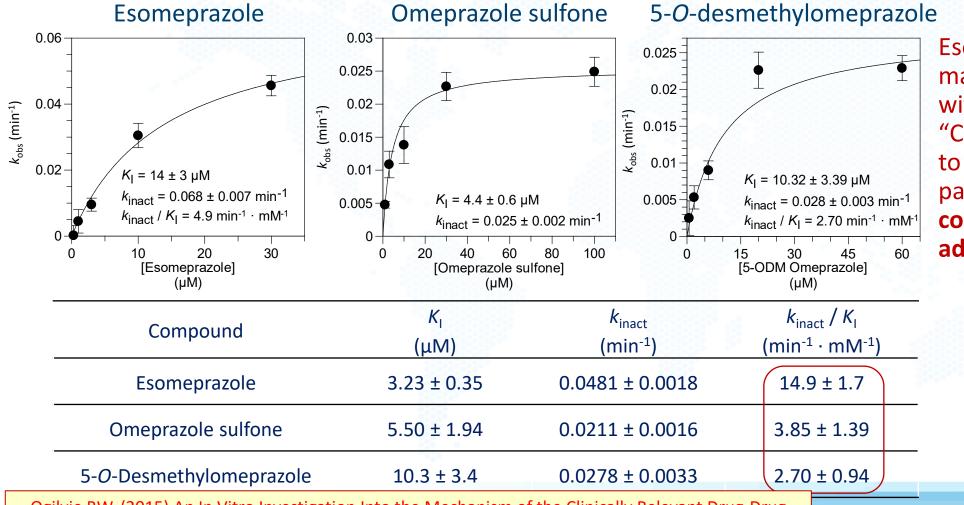
Gemfibrozil is still marketed, with labelling that states it is a strong CYP2C8 inhibitor and dosing reductions of CYP2C8 substrates may be required.

Ogilvie et al., DMD **34**:191, 2006

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A BiolVT Company Approved, marketed drugs that cause clinically-relevant TDI

• Esomeprazole and its major metabolites irreversibly inhibit CYP2C19



Esomeprazole is still marketed (including OTC), with labelling stating: "Clopidogrel is metabolized to its active metabolite in part by CYP2C19. Avoid concomitant administration".

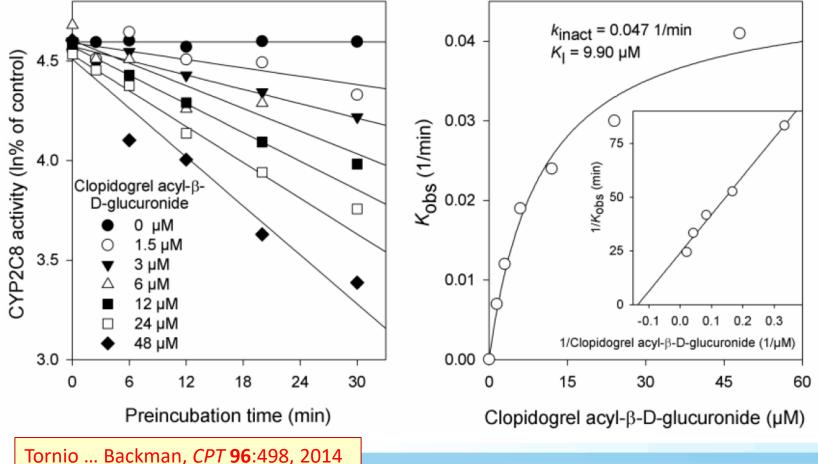
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Ogilvie BW. (2015) An In Vitro Investigation Into the Mechanism of the Clinically Relevant Drug-Drug Interaction Between Omeprazole or Esomeprazole and Clopidogrel. University of Kansas, 289 pages

A BiolVT Company Approved, marketed drugs that cause clinically-relevant TDI

• Clopidogrel, like gemfibrozil, is converted to a glucuronide that causes potent irreversible TDI of CYP2C8.

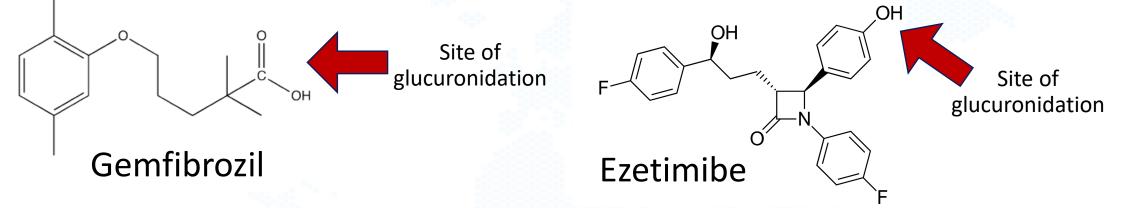


Clopidogrel is still marketed, with 2019 labelling noting that "acylβ-glucuronide metabolite of clopidogrel is a strong inhibitor of CYP2C8. [Clopidogrel] can increase the systemic exposure to drugs that are primarily cleared by CYP2C8, thereby needing dose adjustment and appropriate monitoring". 32

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A BiolVT Company Potentially opposite effects of glucuronidation

Consider phase II metabolism in some cases



- Clinically, gemfibrozil causes significant TDI of CYP2C8, but <u>not</u> in HLM (false -)
- Ezetimibe is a good TDI of CYP3A4 in HLM (i.e., 100-fold shift in IC₅₀ value), but it does <u>not</u> cause clinically significant inhibition of CYP3A4 (false +)
- In the case of gemfibrozil, its glucuronide (a major metabolite) actually causes irreversible TDI of CYP2C8 Ogilvie et al., DMD 34:191, 2006
- In the case of ezetimibe, the glucuronide does *not* inhibit CYP3A4
- Opposite results (TDI vs. protection from inhibition) can occur due to glucuronidation Parkinson et al., DMPK. 25:16, 2010

Finally - Irreversible inhibition can even be a benefit

• The curious case of cobicistat

XEN

- An approved drug with no pharmacological action (marketed as Tybost)
 - Not an anti-HIV drug used to "boost" the exposure of anti-HIV drugs (i.e., elvitegravir, emtricitabine, tenofovir, darunavir, atazanavir)
 - Label: Mechanism of action "a mechanism-based inhibitor of cytochrome P450 3A (CYP3A)"
 - Indication: "CYP3A inhibitor indicated to increase systemic exposure of atazanavir or darunavir (once daily dosing regimen) in combination with other antiretroviral agents in the treatment of HIV-1 infection in adults"
 - Increases midazolam AUC by 1,800% after 14 days of dosing
- Also inhibits CYP2D6, and several transporters

Cobicistat (Tybost®) Approved 2014

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Conclusions

- Both CYP inhibition screening and definitive studies for candidate drugs and their metabolites have become increasingly sophisticated in their ability to detect TDI.
- Methods for discerning reversible from irreversible TDI of CYPs were discussed, as well as approaches to put the in vitro results into context.

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- Simply because a signal for TDI is found, even if later shown to be irreversible, it does not necessarily mean the end of the road for these suicide substrates. Modelling may provide evidence that such inhibition is unlikely to be clinically relevant, or the data could be an in vitro artifact upon further investigation.
- Examples were provided of approved marketed drugs that cause irreversible TDI of one or more CYPs. This inhibition is managed through labelling changes, but is not typically a contemporary reason for withdrawal from the market.

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